

# EATING DISORDER & AUTISM COLLABORATIVE

## WORKSTREAM OPPORTUNITIES AND SKILL DEVELOPMENT

THROUGHOUT THESE WORKSTREAMS, PWLE WILL DEVELOP A RANGE OF SOFT SKILLS WHICH ARE CENTRAL TO GOOD RESEARCH PRODUCTION, INCLUDING: INTERPERSONAL COMMUNICATION, ORGANISATION, CRITICAL THINKING AND LEADERSHIP.

### WORKSTREAM 1: COMING TOGETHER

**OVERVIEW:** AUTISTIC INDIVIDUALS WITH LIVED EXPERIENCE OF AN EATING DISORDER (N= 20) JOINING RESEARCHERS AND CLINICIANS IN 5 INTERDISCIPLINARY ONLINE WORKSHOPS TO CO-PRODUCE A TOOLKIT ON THE ETHICAL CONSIDERATIONS OF CO-PRODUCED RESEARCH IN THE FIELD OF AUTISM AND EATING DISORDERS.

**OPPORTUNITY:** THESE WORKSHOPS WILL PROVIDE AN OPPORTUNITY FOR INDIVIDUALS INTERESTED IN THE RESEARCH PROCESS TO MEANINGFULLY CONTRIBUTE TO THE ESTABLISHMENT OF BEST COLLABORATIVE PRACTICE, THE IDENTIFICATION OF ETHICAL RESEARCH ISSUES IN RESEARCHING AUTISM AND EATING DISORDERS, AND THE PRODUCTION OF IDEAS FOR COLLABORATIVE COMMUNITY ENGAGEMENT AND DISSEMINATION. TO COMPENSATE INDIVIDUALS FOR THEIR CONTRIBUTIONS, EACH PARTICIPANT WILL RECEIVE **£20** VOUCHER PAYMENTS FOR EACH WORKSHOP THEY ATTEND.



### WORKSTREAM 2: SETTING THE AGENDA

**OVERVIEW:** 40 AUTISTIC PWLE OF EATING DISORDERS WILL TAKE PART AN ARTS BASED METHOD CALLED PHOTOVOICE TO CAPTURE THEIR EXPERIENCES OF BEING AUTISTIC WITH AN EATING DISORDER, REFLECTIONS AND THOUGHTS ABOUT THE FUTURE.

**OPPORTUNITY:** PHOTOVOICE SESSIONS WILL GIVE PARTICIPANTS THE OPPORTUNITY SET THE PRIORITIES FOR RESEARCH IN THIS AREA AND TO GUIDE FUTURE WORK IN THE NETWORK. PARTICIPANTS WILL RECEIVE **£20** VOUCHER PAYMENTS FOR THEIR PARTICIPATION IN EACH OF THE PHOTOVOICE SESSIONS.



### WORKSTREAM 3: TESTING THE APPROACH

**OVERVIEW:** TESTING OUT NEW RESEARCH METHODS TO TACKLE RESEARCH PRIORITIES IDENTIFIED IN WORKSTREAM 2. THESE EVENTS WILL SHOWCASE INNOVATIVE, INTERDISCIPLINARY, PROOF-OF-CONCEPT WORK AIMING TO PROVIDE A PLATFORM FOR LARGER SCALE RESEARCH AND COLLABORATIVE WORKING IN THE KEY AREAS OF AUTISM AND EATING DISORDERS.

**OPPORTUNITY:** PWLE WILL HAVE THE OPPORTUNITY TO PARTICIPATE IN THESE NOVEL RESEARCH METHODS ALIGNED WITH THEIR PRIORITIES. FOR THEIR CONTRIBUTION TO THESE RESEARCH PROJECTS, PWLE WILL ALSO RECEIVE DIRECT MONETARY COMPENSATION IN VOUCHER PAYMENTS.



## OPPORTUNITIES FOR FURTHER SKILL DEVELOPMENT

#### POSTING WEBSITE CONTENT:

**2** PWLE WHO HAVE AN INTEREST IN MANAGING WEBSITES (NO EXPERIENCE REQUIRED) WILL ALSO BE GIVEN THE OPPORTUNITY TO EDIT AND UPDATE CONTENT FOR THE EDAC WEBSITE AND FURTHER DEVELOP THEIR DESIGN SKILLS. PWLE WHO ARE INVOLVED IN THIS PROJECT WILL BE PAID UP TO **£500** FOR THEIR WORK AND WILL BE GIVEN RELEVANT TRAINING TO FURTHER ENHANCE THEIR EMPLOYABILITY IN THIS FIELD.

#### APPLICATION REVIEWS:

**2** PWLE WILL BE RESPONSIBLE FOR REVIEWING RESEARCH APPLICATIONS SUBMITTED FOR WORKSTREAM THREE TO DETERMINE AND WILL RECEIVE TRAINING TO FACILITATE THIS. THIS OPPORTUNITY WILL ALLOW FOR THE DEVELOPMENT OF RESEARCH-SPECIFIC SKILLS THROUGH THE CONSIDERATION OF PRACTICAL AND THEORETICAL COMPONENTS OF RESEARCH, ENABLING MEANINGFUL RESEARCH PARTICIPATION AND GIVE PWLE AN ACTIVE ROLE IN DIRECTING RESEARCH BY CHOOSING WHICH STUDIES RESONATE WITH THE AUTISTIC COMMUNITIES' PRIORITIES AND WHICH WILL BE MOST IMPACTFUL. PWLE WILL BE PAID **£20** AN HOUR FOR THIS WORK IN VOUCHERS

#### INTERVIEWS AND VIDEO EDITING:

DURING THE PHOTOVOICE SESSIONS, **2** PWLE WILL CONDUCT VIDEO INTERVIEWS WITH OTHER PWLE ABOUT THEIR EXPERIENCES OF PHOTOVOICE, BEING PART OF THE RESEARCH TEAM, AND THE IMPORTANCE OF THE RESEARCH. THESE VIDEOS WILL ALSO BE EDITED BY PWLE AND INCLUDED IN AN ONLINE EXHIBITION. THIS OPPORTUNITY WILL HELP DEVELOP RESEARCH SKILLS IN HOW TO EFFECTIVELY CONDUCT QUALITATIVE INTERVIEWS AND WILL PROVIDE WIDER SKILL DEVELOPMENT IN: TECHNOLOGICAL APTITUDE; VIDEO EDITING PROFICIENCY; AND SOFTWARE NAVIGATION. PWLE WILL BE PAID **£20 AN HOUR** FOR THIS WORK.



NOTE\* CAVEAT FOR CASH PAYMENTS: PWLE WILL BE MADE AWARE THAT CASH PAYMENTS CAN AFFECT THINGS LIKE BENEFITS AND TAX, AND MAY POTENTIALLY IMPACT ELIGIBILITY FOR OTHER MODES OF INCOME SUPPORT, SUCH AS LOANS. AS SUCH, WHERE POSSIBLE, AN OPTION BETWEEN CASH AND VOUCHER PAYMENTS WILL BE GIVEN.

