



SWAN & EarthSelf

NatureAware: A Coaching Adventure to Advocate for a Nature Positive World

Online Information Event

Tuesday 30th July

17:30 - 19:00

earthself



Highlights of Experience

- Professional Certified Coach (PCC) with ICF
- 12,000+ hours of one-to-one coaching, team coaching, facilitation and training experience
- Worked with over 1500 individuals and teams in 18 countries over 6 continents
- Trained 100+ coaches in how to coach with nature and Earth
- Peer-reviewed published academic research on Earth Connection



Purpose of the Project

To empower 12-15 autistic and non-binary women to become 'Nature Positive Climate Messengers' and create Nature Positive projects in their local community through a transformative film-making experience and coaching journey

Funded by the Scottish Government's Climate Engagement Fund

Announced as part of Scottish Climate Week 23rd-29th September 2024



earthself



Transformative Film-making Experience

- 10-15 minute impact film showcasing the programme and the change it creates in our communities exploring three key questions:
 - Who are we?
 - How does nature inspire us?
 - What's the projects we've created for our communities?
- Aimed at inviting the viewer to tap into their own joy of the natural world and create their own projects
- Co-created through participation of everyone in the project (you don't have to be on film!)
- The experience of being a film maker is integrated into the project so that we can learn and be inspired by the experiences of each other throughout the project
- We will explore how to show the short film at film festivals afterwards...

earthself



Programme Overview – Part One

• 12th Sept (4-8pm)

- Learn how to become a Nature Positive Climate Messenger



• 26th Sept (5.30-7.30pm)

- Explore the project you want to create
- Learn how to document your journey

- Understand what Nature Positive means for you and your community
- Explore why nature is important to you and your community
- Identify the risks and opportunities within your community from your relationship with nature
- Leverage your autistic joy of nature for greater impact
- Start developing your project to contribute to a Nature Positive community

earthself



Programme Overview – Part Two

All Sessions 5.30-7.30pm



Filming Visits

Film Review

Deliver Projects

Short Film Completed: End February 2024

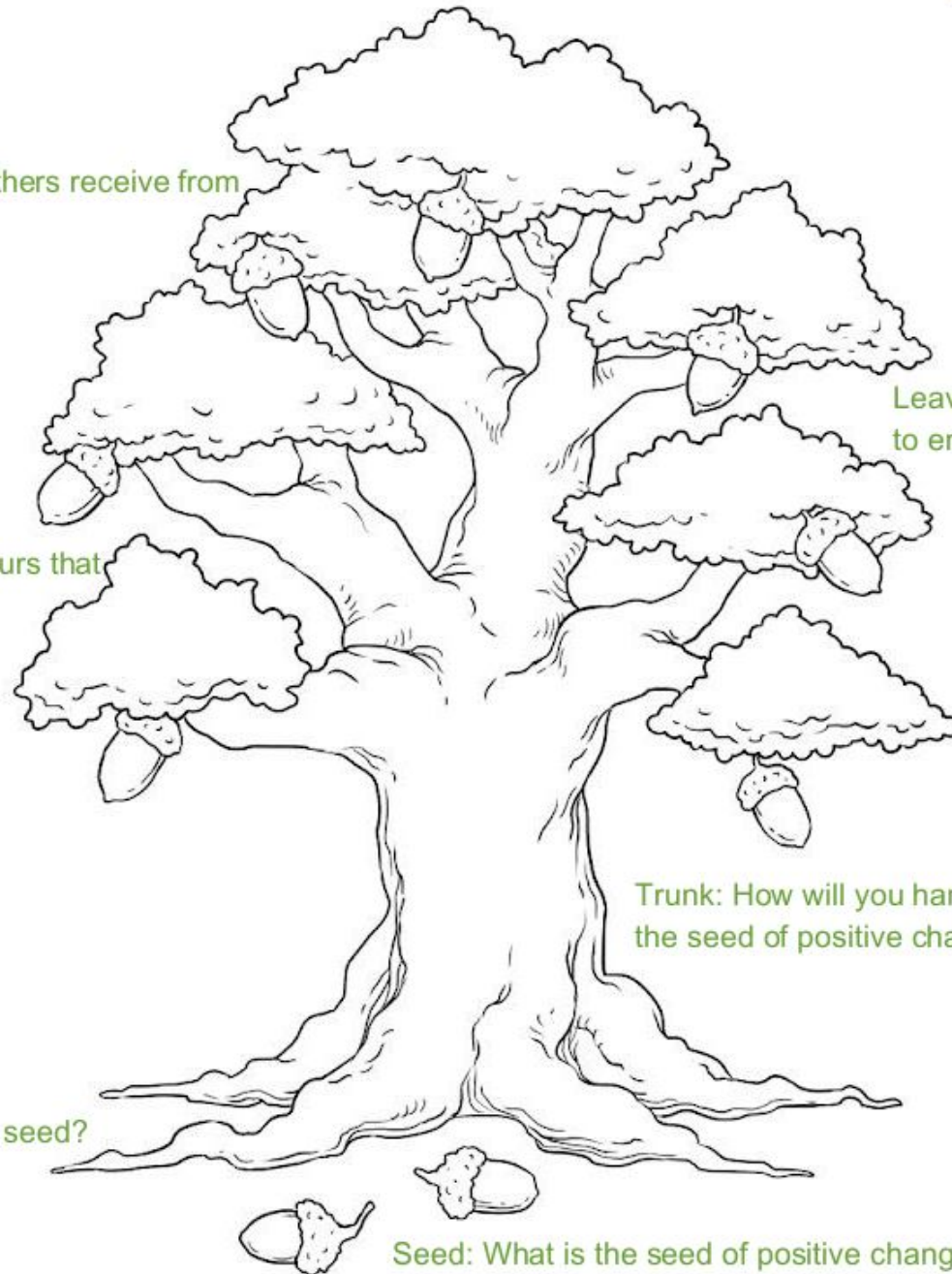
Shared with SWAN Community: March 2024

earthself



TreeJourney™

This work is licensed under a Creative Commons
International License. ©Earthaconter 2022



Fruit: What gifts and growth will Self, Earth and others receive from creating this positive change?

Leaves: What actions do you need to take to ensure you seed flourishes?

Branches: What are the beliefs and behaviours that will support your growth on this journey?

Trunk: How will you handle the flow of emotions created from the seed of positive change?

Roots: What nutrients do you need to nourish the seed?

Seed: What is the seed of positive change that needs to emerge?

earthself



Is this Project Right for You?

- ❑ You have a love of the natural world and some idea of a project that you would like to create (up to £500 expenses provided to cover your costs)
- ❑ You want to learn more about what Nature Positive means so that you can share it with others
- ❑ You would like to develop your capacity to tap into the healing power of the natural world to enhance your own capacity for autistic joy and resilience
- ❑ You have the time and energy to commit to the programme without putting yourself under pressure
- ❑ You want to be part of a group of autistic and non-binary women creating community nature positive climate action

earthself



How Can You Express Interest?

- Go to this link and complete the form:

- We are selecting people based on interest and location so that we can create Scottish-wide Nature Positive Climate Community Action grounded in Autistic Joy

- Applications close Monday 12th August 2024

- You will be informed if you've been selected to join the programme by Friday 23rd August 2024

earthself

