

SWAN Spaces

SWAN is an autistic-led Charity delivering services, information and support for and by autistic women and non-binary people across Scotland since 2012

Autistic Parents Group

Meets online on Zoom

3rd Thursday of each month from 19:00 –20:30
(check our website for dates & booking info)

- Autistic space, run by trained, autistic volunteers
- This is an informal space for all autistic women and non-binary people who are also parents or carers (of either neurodivergent or neurotypical children)
- A chance to meet others and exchange experiences, information and support on life as an autistic parent

"I can't believe what two hours of being my authentic, autistic self around other autistic people has meant for me"

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