

2025

Delivered by autistic professionals
and informed by lived experience

Training & Workshops

SWAN Training is aimed at professionals wishing to develop their knowledge and practice for working with or supporting autistic people.

SWAN Workshops are for anyone who wishes to learn more about autistic people, whether as an ally (families, friends, carers, colleagues and supporters) or a professional.

Training – for Professionals

Beyond Reasonable Adjustments: Inclusion & Wellbeing for Diverse Teams

Thursday 6th March 12:00–15:00

Autistic Experiences of Pregnancy, Childbirth & Early Parenting

Monday 19th May 13:00–16:00

Understanding & Developing Neuro-Inclusive Events & Activities

Monday 11th August 13:00–15:30

Autism & Eating Disorders: Neuro-affirming Practice

Friday 12th September 11:00–14:00

Autism, Mental Health & Neuro-affirming Wellbeing

Tuesday 18th November 13:00–16:00

Workshops – for Allies, Families and Professionals

Growing Up Autistic: Identity, Puberty & Making Sense of Emotions

Tuesday 25th February 13:00–15:00

Increasing Understanding of Autism

Wednesday 30th April 19:00–21:00

Autism, Eating & Eating Disorders: Understanding our Relationship with Food

Wednesday 18th June 18:30–20:30

Growing Up Autistic: Identity, Puberty & Making Sense of Emotions

Wednesday 16th July 19:00–21:00

Understanding & Support Autistic Wellbeing

Thursday 28th August 18:30–20:30

Increasing Understanding of Autism

Wednesday 22nd October 12:30–14:30

We also offer tailored in-house training on these and other specialist topics to suit your organisation's needs – visit our website or contact us for details.

swanscotland.org/training
training@swanscotland.org

